

Weight Reduction Package



A balanced, proven plan used by thousands to help reduce body fat and experience optimal health.



"Reduced body fat 4% and lost 10 pounds. Feel great and my mind is so much clearer. The cleanse portion helped so much." ~ J. Rodriguez

Experience Awesome Health
Benefits!



Optimal Fat Sugar Trim

Otherwise known as the Metabolism formula, it effectively digests fats and sugars, and gives your body the nutrients it needs to metabolize them as energy, instead of being stored as fat. It is an easy, sensible way to reduce damage caused by fats and sugars in your diet and help the body fight and ward off common diet-related diseases, such as diabetes and high cholesterol. The Fat-Sugar-Trim formula helps the body use up the fats and sugars in your diet that otherwise may be stored in the body.

Optimal Vitality

This advanced NATURAL VITALITY FORMULA utilizes a custom-grown, highly potent green tea combined with over 50 more whole food nutrients. This blend creates high amounts of sustained energy and focus. Each capsule provides the caffeinated power of a cup of coffee but without any synthetic or separately added caffeine. Start with just one capsule in the morning and early afternoon to allow the body to get used to these potent whole food B vitamins and herbs.

All nutrients are cultured in a whole food blend of stabilized probiotics, plant enzymes, and antioxidant foods. This guarantees our commitment to no synthetic vitamins, minerals or caffeine, unlike other hourly energy supplements. This product is designed to help improve both your mental and physical energy levels. Research shows that many times people lack focus and have diminished energy levels due to a lack of specific nutrients. These nutrients are needed to feed the brain and body in what is known as the Krebs (energy) cycle. Natural Vitality provides the body with the deficient nutrients, and it does it through pre-digesting the nutrients with its Opti-blend Delivery System. This blend consists of specific amounts of enzymes and minerals to drive the nutrients to the cellular level quickly. You will feel the effects of increased focus, motivation and energy shortly after taking Natural Vitality. And it is a product for which you can easily adjust the dosage and times of use based on your own particular needs.

Optimal Complete Nutrition Plus

Proper nutrient balance is practically nonexistent in our diets today and we pay for it with fatigue, weight gain, and disease. Several factors contribute: 1) Farming practices and processing methods, rob foods of the vitamins, minerals, enzymes, and probiotics they once contained; 2) Foods high in refined sugars and flour and the many pre-packaged and fast food meals we consume are devoid of needed nutrients; 3) Add to that the fad diets, the many times we have to eat on the run, and the constant stress we encounter, and it's no wonder our bodies are starving for nutrition.

The body can only operate optimally to restore energy, fight off colds and flu, and lose weight or maintain optimum body fat percentage if it is receiving the nutrient balance it needs. Optimal Complete Nutrition supports proper functioning by providing the micronutrients the body needs in the best, most absorbable form available, including whole food vitamins, organic minerals, stabilized probiotics, and pure plant enzymes. The macronutrients in this powerful powder are also in the finest form available including an energy-producing carbohydrate blend of Inulin and stabilized rice bran, vegetable protein carefully blended to ensure the correct amino acid profile, and healthy fat from flax seeds.

Optimal Lipolean CLA

We also have included Optimal LipoLean CLA, the craving and fat reduction formula. Just take two pills in the morning, and two more before bed every day, until the entire bottle is gone.